



Dubuque Area Congregations United

Monthly Newsletter

Volume 31, No. 9

PO Box 811, Dubuque IA 52004-0811

October 2009

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/96.

www.DACUonline.org/

EVENTS

DATE	SPONSOR	EVENT
These are just a few of the events sponsored by our DACU congregations and associates. Turn the page to learn more!		
October 18	Grandview United Methodist Church	Harvest Fest for Foods Resource Bank: Grandview United Methodist Church 1:00 to 4:30 PM. Potluck, Worship, and family events.
October 20	DACU	Team Leader Meeting for 2009 Dubuque Weatherization Challenge, 7:00 PM in the Meeting Room of the Diamond Jo Casino
October 24	DACU	2009 Dubuque Weatherization Challenge, starting at 8:00 a.m at Westminster Presbyterian Church, 2155 University Avenue
October 27	DACU	DACU Delegates Meeting, Temple Beth El, 7:00 PM.
November 6	Church Women United	World Community Celebration 9:30 Gathering/refreshments 10:00 Program: "Environmental Care" Speaker: Paul Schultz
November 25	DACU	27 th Annual DACU Interfaith Thanksgiving Eve. Worship Service Church of the Resurrection, 7:00 PM.



"DACU", a Community of Servants

Next DACU Delegates' Meeting

Tuesday, October 27, 2009

Temple Beth El
475 West Locust St.
7:00 P.M.

Program: Tom Johnson of Hope House will speak about Catholic Worker Houses in Dubuque and Rev. Jade Angelica will speak on the Healing Moments Alzheimer's Ministry.

Note: Dear Friends, we are thrilled to welcome you but want to remind you there is on-street parking only. Please consider early arrival and/or carpooling! Also, the Temple is an older building with limited disability access. ----Your Friends at Temple Beth El.

Delegates: Please remember that if you have any announcements for the Meeting, you must notify DACU

President Tom Stovall at least 24 hours before the meeting! You can contact Tom at tstovall@operationnewview.org or 556-5130 x 32.

Remember to bring your donations of non-perishable food items for the Dubuque Food Pantry!
(Remember that pet food, toilet paper, and cleaning supplies are also appreciated!)

DACU Board Reminder:

President-Elect Nominations: The DACU Committee on Nominations is encouraging member congregations or institutions to submit names for consideration as candidates to take the office of President-Elect in January 2010. Nominations should be emailed to Bob Krayner - bdkramer@aol.com or telephoned to 582-5117. Thank you!

Treasurer's Report

According to the DACU Bylaws, *"Dubuque Area Congregations United will be supported financially by the voluntary contributions of its member congregations and institutions, keeping in mind the purposes and needs of the organization."*

As of September 30, 23 member congregations and two associate members have contributed a total of \$4,944.84 to DACU.

	September	YEAR TO DATE	BUDGET 09
Income	\$ 55.00	\$ 5,417.34	\$ 4,700.00
Expense	\$ 31.40	\$ 5,006.53	\$ 4,700.00
Net	\$ 23.60	\$ 410.81	-0-

Please help us to support our DACU projects!
Checks should be made payable to "Dubuque Area Congregations United" and sent to:
DACU Treasurer,
P.O. Box 811, Dubuque IA 52004

People In Need (P.I.N.)

The needs continue to be very great. Congregations are reminded that all contributions to the work of People In Need (PIN) should be directed to Tom Stovall, PIN Treasurer, as follows:

People In Need (PIN)
c/o Tom Stovall, Treasurer
3345 Tibey Court
Dubuque, IA 52002-2849

The PIN Board consists of: Alan Garfield, Barb Featherston, Fr. Jack Paisley, Sr. Sara McAlpin, Tom Stovall, Nea Huggins and Michelle Watters.

Dubuque Food Pantry

Believe it or not it's time to start thinking about Christmas Baskets. We will again be asking churches/congregations to donate 3-5 lbs. hams for the baskets; more information in the November & December newsletters.

If your church is looking for a project these next couple months, we are in need of rice, pasta and laundry detergent.

We continue looking for boxes to place our clients orders in. The ideal box would be about the size of those that reams of paper come in or oranges and apples. Do you have connections at a grocery store that would save them for you? Thank you for your continued support.

Sister Lynn Wagner, Manager

Thanks for your continuing support of the **Dubuque Rescue Mission** (Rick Mihm, Director). Rick says that the current need is for **towels**, used or new.

DACU Associates

Church Women United

WORLD COMMUNITY DAY on November 6

Church Women United is hosting its annual World Community Day Celebration on Friday, November 6 at First Baptist Church at 2143 Judson Drive, Dubuque. Gathering with refreshments begins at 9:30 am and the program theme of Piecing the Earth Together will begin at 10:00 am. Paul Schultz, City of Dubuque Resource

Manager Co-ordinator will speak on "Environmental Care." ALL women of faith are welcome to this celebration.

CROP Walk 2009

The 2009 Crop Walk (October 4) was a great success. Over 200 walkers (and 25 four-legged walkers) participated. Thanks to HyVee, Swiss Valley, Holy Trinity Lutheran, and St. Stephen's Food Bank for donating food. Thanks to students from Loras and the University of Dubuque for traffic control, and to Clarke students for walking. Thanks to Barb Gatch and St. Raphael's for again providing gracious hospitality! We will have a more complete report including funds raised in a later newsletter. Thanks to the CROP committee: Bob and Dorothy Kraye; Sr. Sheila Kane; Sr. Anita Therese Hayes, Jim Ott, Virginia Jahnke, and Sara McCaw.

Maryann LoGuidice, Coordinator.

Habitat for Humanity

The Habitat House on Roosevelt Street is on schedule with a completion date of November 30 when the family will be moving in. Tools or money for tools to help build Habitat houses now and in the future is still needed. If you are interested in helping with this need, please contact Elaine Mitchell at 563-581-5919 or 563-588-1691 or diettou@gmail.com Any help would be appreciated.

Dubuque Area

Weatherization Challenge

The **2009 Dubuque Area Weatherization Challenge** now has over 550 volunteers signed up for the October 24th one-day blitz to weatherize the homes of our elderly, disabled and low-income neighbors! This is a tremendous response from the community. Because we have such an abundance of volunteers, we are still accepting homes to be weatherized. We will be able to provide this valuable service to an additional 40 homes beyond the 100 home goal. Homes needing weatherization that day can still get on the list by calling Laura Roussel at Black Hills Energy at 585-4022.

Donations are really needed at this time to provide the supplies for all of the additional homes that will be weatherized. It takes about \$50.00 per home. Donations can be sent to Weatherization Challenge, Operation: New View CAA, 1473 Central Avenue, Dubuque, IA 52001. Make checks payable to Operation: New View CAA. Be sure to write "Weatherization Challenge" in the memo line on the check. Thanks so much for any support that you can provide.

Weatherization Team Leaders are reminded to attend the important Team Leader Meeting on Tuesday, October 20th at 7:00 p.m. at the meeting room at the Diamond Jo Casino.

Tom Stovall, CCAP
 Executive Director

Operation: New View Community Action Agency

DACU Congregations

Harvest Fest for Foods Resource Bank

The annual Harvest Fest for the Food Resource Bank will be held on Sunday, October 18th at Grand View United Methodist Church at 3342 John Wesley Dr. in Dubuque. The following events will be held from 1:00 pm - 4:30 pm:

- 1:00 pm Potluck. (Bring a dish to pass. Meat, table service, and beverages provided.)
- 2:00 pm Worship Service
- 2:30 -4:30 pm Hayride and kid games.

ALL are welcome to attend the Harvest Fest celebration

First Baptist Church: Operation Christmas Child

Rev. Tim Bees wants you to know that First Baptist Church is again acting as a drop-off site for Operation Christmas Child. This project of the Christian relief organization Samaritan's Purse asks you or your organization to pack shoeboxes with gifts appropriate for children, and drop them, along with a donation of \$7 per box to assist with shipping, at a drop off site such as First Baptist Church during the week of **November 16-23**. The boxes will be distributed to children and communities in need around the world. There is an excellent website which will give you all the packing instructions and other information:
www.samaritanpurse.org.

Shalom Retreat Center

Social Work Ethics Thursday, Oct. 8, 8:30-11:30 am
Presenter: Dorothy Heiderscheid OSF, MSW, ACSW, LISW

This workshop will offer an opportunity to refresh participants' memories on common issues in social work ethics as well as address the issues surrounding appropriate and healthy boundaries important to the work of social service providers.
Offering: \$30 (includes \$8 NICC fee for 3.0 CEHs).
Register/prepay by Tuesday, Oct. 6.

Evening for Health Care Professionals: The Healing Power of Touch Tuesday, Oct. 13, 6:30 – 8:30pm
Presenters: Kay Forkenbrock, Nationally Certified Massage Therapist, Healing Touch Practitioner & Pat Farrell, MSW, International Trainer for Capacitar, Inc (dedicated to personal & global healing), specialist in trauma treatment
This session will cover several aspects of touch and its importance for the healing of the body, mind and spirit of those in recovery from illnesses and surgery, as well as those experiencing mental and emotional anguish.
Offering: \$15. Register/prepay by Friday, Oct. 9. (includes hors d'oeuvres, beverages & program). 0.18 CEUs for nurses, 1.8 CEHs for social workers available through IBN Provider #7, NICC, for additional \$8.

Grieving the Loss of a Loved One Thursday, Oct. 15, 7:00 – 9:00pm Presenter: **Jim Swenson, TH editor & former sports editor** Telegraph Herald Features Editor Jim Swenson lost his first wife, Jane, to breast cancer six years

ago. He wrote columns about the loss and also kept a journal. Both, along with reader reactions and personal reflections, are in his first book *"A Man in Mourning: God I Hope I Did it Right."* Jim hopes the intimate story of his challenges will help others. Book signing to follow program.

No charge. Register by calling Shalom at 563/582-3592. Co-sponsored by Behr Funeral Home, Hoffman Schneider Funeral Homes & Leonard Funeral Home & Crematory.

Centering Prayer

Monday, Oct. 19, 7:00 – 8:00pm

Facilitator: Marilyn Dansart

Join others in quiet, meditative prayer and discussion. Registration not required. Free will offering.

SENIOR MOMENTS ... OF GOD'S GRACE

Tuesday, Oct. 20, 8:30am – 3:30pm

Presenter: Most Rev. Daniel Kucera OSB, PhD, Retired Archbishop of Dubuque

In this day designed especially for senior citizens, we will explore the ever-present love of God in our lives, especially in these days of aging.

- How do we serve God and the Church?
 - What does God expect of us?
 - What do we expect of ourselves?
 - Can we be satisfied with our present lot in life?
- The day will close with a Eucharistic Liturgy celebration.

Offering: \$35. Includes lunch & coffee upon arrival. Register/prepay by Thursday, Oct. 16.

6th Annual Shalom Shenanigans

Saturday, Oct. 24, 5:30 – 9:00pm at Shalom Center
Social * Fine Dining * Silent & Live Auctions * Raffle * Magic Show by Bob & Rochelle Beardsley
Offering: \$40. Register/prepay by October 19.

Reading That Matters Book Discussion: *Enrique's Journey by Sonia Nazario Monday, Oct. 26, 7:00 - 8:00pm**

An astonishing true story of the unforgettable odyssey of a Honduran boy who braves unimaginable hardship and peril to reach his mother in the U.S. Facilitator Carol Besch OSF has lived and worked in Central America and has also worked with immigrants in Iowa. Come to listen and share insights.

Offering: \$6. Register by Oct. 23.

*** 15% book discount available at Riverlights 2nd Edition.**

Shalom's facilities (including food service) are available for meetings, staff/board retreats, spiritual gatherings, and more - for a few hours, a day, an overnight or longer. Groups of 10 to 150 people can be accommodated.

For more information or to register, call Karen Knepper at 563/582-3592, send e-mail to:

kknepper@shalomretreats.org

or visit our web site at: www.shalomretreats.org
Shalom Retreat Center, 1001 Davis St., Dubuque, IA 52001.

Sinsinawa Mound

Mound hosts 19th annual quilt show:

From Oct. 3 through Nov. 29, the Sinsinawa Book & Gift Gallery will exhibit the 19th annual quilt exhibit, Creating

New Life through Our Hands. New quilts are showcased every year. All quilts on display have a connection to a Sister or an employee at Sinsinawa Mound. Visitors may view the show from 10 a.m. to 5 p.m. daily.

*Sheila Heim, Director of Outreach, Sinsinawa Mound
608-748-4411, ext. 869*

Community Announcements

Dubuque Arts Council

A Glow in the Dark Adventure

Sunday, October 18th, 2pm and 7pm at The Grand Opera House. American Trust & The Dubuque Arts Council with a grant from the City of Dubuque Arts & Culture Commission present A Glow In The Dark Adventure:

The story begins with Professor Henslow, a famous scientist with magic powers who is in the process of bringing to life his newest creation and dinosaur friend, Darwin. The story tells of Darwin's experiences as he explores his new world, encountering many different types of creatures: Verla, the gangly ostrich; Peche, the beautiful fish; and Brutus, the menacing red dinosaur. In the end when Brutus threatens Professor Henslow, Darwin is forced to make a decision... a decision that will alter his life forever, and ultimately lead him to discover the true meaning of love.

Corbian Visual Arts and Dance combines the telling of a heart-rending story with a truly unique and innovative theater experience where electroluminescent crayon-like creatures light up the stage in a blackout setting. This is a performance that the family will talk about long after the show ends!

Admission is FREE! Tickets will be available exclusively at American Trust & Savings Bank locations.



***Healing Moments™ Alzheimer's Ministry &
The Alzheimer's Association, Greater Iowa Chapter,
Dubuque Office Announce:***

***A UNIQUE TRAINING PROGRAM TO ENHANCE THE
LIVES OF PERSONS WITH ALZHEIMER'S AND THEIR
CAREGIVERS***

SAVE THE DATE: SATURDAY, NOVEMBER 7, 2009

WHO? Church staff and volunteers involved in pastoral care for congregations of all faiths within Dubuque County

WHAT? Are invited to attend: ***Meeting the Mystery of Alzheimer's: A Training for Pastoral Volunteers, Parish Nurses, Pastoral Care Staff, and Pastoral Ministers***

WHEN? Saturday, November 7, 2009 – 9:30 AM to 3:30 PM; Registration begins at 9 AM.

WHERE? Grandview United Methodist Church

WHY? Learn to Celebrate the Beauty of Living in the Moment with loved ones and members of our faith communities who have Alzheimer's.

EDUCATORS: Rev. Jade Angelica, MDiv., DMin. Candidate; Amy Ressler, MFA; Mary McNally, Program Manager, Alzheimer's Association

QUESTIONS? Please contact Rev. Jade Angelica, Director of Healing Moments™ at 563-582-4724.

This is a Fragrance Free Event. This program is funded in part through a grant from the Unitarian Universalist Funding Panel, Boston, MA

Fair Trade Shopping in Dubuque!



John Woodin writes: We are in the middle of an exciting project in the Upper Main Street area of Dubuque. In late October, a Fair Trade Store called Global Goods will open at 1141 Main Street. Global Goods will sell only Fair Trade items. Fair Trade items are items that are created by artisans who live in third-world nations. Employees of a Fair Trade organization such as

- Ten Thousand Villages; www.tenthousandvillages.com
- The Serrv Organization; www.serrv.org
- Global Mamas; www.globalmamas.org

will travel to 3rd-world nations and purchase the items. The Fair Trade Organization will pay the artisan a living wage for his/her craftsmanship, hence the name FAIR TRADE. The organization will export the items to the United States, where the items will be sold in a retail store such as Dubuque's Global Goods.

Fair Trade items include clothing, jewelry, pottery, baskets, musical instruments, coffee, toys, kites, chocolate and much more. These are some of the most uniquely beautiful items you will ever see. Imagine bringing items of the world into Dubuque, and offering them for sale, just in time for holiday gift giving. When you give a gift purchased from the Fair Trade Store, you are giving twice. Once to the person who receives the gift from you and once to the artisan who is able to feed his family, send her children to school, purchase housing for her family or arrange for proper medical care for his children...all because you made a thoughtful purchase.

The parent organization of the Global Goods Store is the Faith ReStored Corporation. Faith ReStored was established through a grant, funded by the sale of Faith United Methodist Church in Dubuque. The Corporation is run by a volunteer board made up of members of United Methodist Congregations in the Dubuque area. This collaborative effort has seen pastors and lay persons swing paint brushes, wash windows, stain trim and prepare this building for its next use. Global Goods will be managed by Juanita Nelson, Executive Director of the Faith ReStored Corporation. Juanita's experience in the Dubuque area includes time as the director of the Dubuque Girl's Club as well as work with the Make-A-Wish Foundation. Juanita is quickly organizing all of the displays, merchandise, advertising and volunteers to help turn the dream of a totally Fair Trade Store in Dubuque into a reality.

Look for Global Goods on Facebook!

Flu News from the Iowa Department of Public Health
Fight the Flu! Remember the 3 Cs:

- Cover your cough; use a tissue or your elbow.
- Clean your hands; use soap and water or hand sanitizer.
- Contain germs; stay home when you are sick.
- Toll-free Influenza Hotline: 1-800-447-1985



EPA Announces Houses of Worship Can Now Earn Energy Star Label and Reduce Their Carbon Footprint

WASHINGTON – America's houses of worship can now earn the Energy Star label, joining the nation's schools, hospitals, hotels, and other facilities in their efforts to fight climate change, save energy and reduce their carbon footprint. EPA's energy tracking tool, Portfolio Manager, currently allows facilities to track energy use and the associated greenhouse gas emissions, set targets for investment priorities and verify efficiency improvements. Now the estimated 370,000 houses of worship across the United States can use Portfolio Manager to receive an energy performance rating, and the most energy efficient among them can earn the Energy Star label.

Worship facilities in the United States spend more than \$3 billion annually on energy costs. Improving the energy efficiency of America's houses of worship by just 10 percent would save nearly 2 billion kilowatt-hours each year, preventing more than 1 million tons of greenhouse gas emissions and representing a cost savings of about \$315 million annually.

Through Energy Star, EPA provides a proven energy management strategy and free tools for public and private organizations to save energy and money through increased energy efficiency. EPA has also made additional enhancements to its tools including the ability to specify on-site green power generation and use. This feature provides a better assessment of a building's actual energy efficiency and a more complete picture of associated carbon emissions.

Learn more about Portfolio Manager:
<http://www.energystar.gov/istar/pmpam> Learn more about Energy Star for congregations:
<http://www.energystar.gov/congregations>
 For more information contact: Sheila Samuelson, Sustainable Community Coordinator, City of Dubuque, 50 West 13th Street, Dubuque Iowa 52001
 563-589-4110 phone
 563-589-4149 fax
ssamuels@cityofdubuque.org

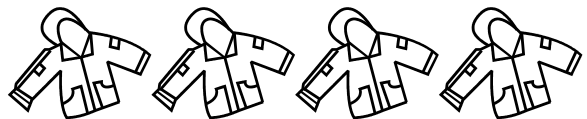
Remember...you can view all DACU Newsletters on our Website at www.DACUonline.org

Do you have items for the DACU Newsletter? Just email Phyllis Garfield at phyllisgarfield@hotmail.com. (We appreciate brief, ready-to-print information!

The DACU Newsletter is published monthly on the first weekend after the DACU Board meeting.

DUPACO ANNOUNCES 19TH ANNUAL "COATS FOR KIDS" PROGRAM

Dubuque, IA - Dupaco Community Credit Union and Cumulus Broadcasting, Inc. announce the 19th annual "Coats for Kids" drive will be held September 21 through October 17, 2009. Co-sponsored by Dupaco Community Credit Union, Cumulus Broadcasting, Operation New View Community Action Agency, and Courtesy Cleaners, the "Coats for Kids" program allows useable children's coats to be dropped off at any Dupaco location between September 21 and October 17. This year, two area companies are also assisting with the program. The Metrix Company and Thermo Fischer Scientific are collecting children's winter apparel from employees to donate for distribution. The collected items are dry-cleaned compliments of Courtesy Cleaners and distributed to needy tri-state-area families by Operation New View. Distribution will take place at St. John's Lutheran Church, located at 12th and White in Dubuque, on Wednesday, October 21 from 9:00 a.m. to 1:00 p.m. and from 2:30 p.m. to 6:30 p.m., and on Thursday, October 22 from 9:00 a.m. to 1:00 p.m.



Attend a **FREE**, one-hour informational session on preparing your will.

Participate in the prize drawing - we'll tell you how!

You could win: a dinner package for two including dinner at the Woodfire Grille and a show, compliments of the Diamond Jo Casino.

Tuesday, October 6 - Noon
 NICC, Town Clock Center for Professional Development - 680 Main Street, Dubuque (Room 106C)

Sunday, October 11 - 1:30 pm
 Hills & Dales LifeTime Center - 3505 Stoneman Road, Dubuque

Thursday, October 15 - 7:00 pm
 East Dubuque District Library - 350 Wall Street, East Dubuque.

Thursday, October 22 - 7:00 pm
 Carnegie-Stout Library - 360 W. 11th St, Dubuque (3rd Floor Auditorium)

Sunday, October 25 - 1:30 pm
 Carnegie-Stout Library - 360 W. 11th St, Dubuque (3rd Floor Auditorium)

Tuesday, October 27 - 6:00 - 8:00 pm
 McCarthy Center for Non-Profits, Community Foundation of Greater Dubuque- Dubuque Building, (Suite 195) 700 Locust Street, Dubuque



Make a Will Committee
 A Tri-State Initiative

LEAVE A LEGACY™
 Tri-States
 Table in all offices in the tri-state area.

All sessions are open to the public.

"If you do not Make a Will, then your will is to allow the state laws to decide who gets your assets and personal property."

October 2009 is Make a Will Month



DACU
PO Box 811
Dubuque IA 52004-0811

DACU Board and Project Contacts

BOARD MEMBERS:

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