



# Dubuque Area Congregations United Monthly Newsletter

Volume 32, No. 8

PO Box 811, Dubuque IA 52004-0811

September 2010

We, the members of DACU, people of diverse faiths and beliefs, are united by our belief in God, our concerns for justice and our call to serve others. Through prayerful dependence on God and respectful cooperation with each other, we will make a difference in our world by fostering an awareness and understanding of human need. We will be a supportive presence in this community and beyond through the generous sharing of our time, talents, and resources. Mission Statement adopted 10/22/96.

[www.DACUonline.org/](http://www.DACUonline.org/)

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DATE	SPONSOR	EVENT
These are just a few of the events sponsored by our DACU congregations and associates. Turn the page to learn more!		
September 21	Dubuque's United Nations International Day of Peace 2010	
September 28	DACU	DACU Delegates' Meeting at Holy Trinity Lutheran Church: "Bridges Out of Poverty" with Jim Ott
October 3	CROP WALK	1:00 PM, Trinity Lutheran Church, 1755 Delhi
October 21	Dubuque Rescue Mission	Bicycle Shop Open House, 5-7 PM
October 21	Operation New View	Operation Weatherization
October 26	DACU	DACU Delegates' Meeting at First Baptist Church: Riverview Center Sexual Assault Prevention and Intervention Services
November 5	Church Women United	World Community Day Celebration, 9:30 am Coffee; 10:00 am Program at St. Raphael's Cathedral, 231 Bluff.
November 24	DACU	Dubuque Community Interfaith Thanksgiving Service



"DACU", a Community of Servants

## Next DACU Delegates' Meeting

**Tuesday, September 28, 2010**

Holy Trinity Lutheran Church  
1755 Delhi Street  
7:00 P.M.

### Bridges and Circles

An update on the successful "Bridges out of Poverty"; "Getting Ahead", and the next level, "Circles".

Invite everyone you know to join you for this important opportunity.

**REMINDER: Don't forget to bring a donation of canned food for the Food Pantry!**

## Fall DACU Meeting Dates

**September 28, 7:00 PM, Holy Trinity Lutheran Church, 1755 Delhi Street: *Bridges and Circles*:** Jim Ott will present an update on the Bridges Out of Poverty training, the "Getting Ahead" workshops, and the latest project, "Circles". Circles is an innovative program based on research that suggests that building social relationships and networks is crucial to allowing families with low income to improve their situation. Invite everyone you know to join you for this important opportunity.

**October 26, 7:00 PM, First Baptist Church, 2143 Judson Drive.** "Riverview Center: Sexual Assault Prevention and Intervention Services"



## Dubuque Rescue Mission

The Dubuque Rescue Mission would like to invite all DACU members to the Open House of our new Bicycle Shop, Thursday, October 21, 2010 from 5:00 – 7:00 p.m. Please enter at the back alley of 398 Main Street. Greeters will welcome you there. Refreshments provided. Come see the new shop and meet some of the men working to better their lives.

*(Rick Mihm, Director)*



## Dubuque Food Pantry

Garden produce continues to arrive at the Pantry. It is a welcomed treat to our clients. Please remember to tell your friends and neighbors that have an abundance of garden vegetables to bring it by the Food Pantry.

**We've had a busy summer** so are running low on a few items. If a group you belong to is looking to do a collection we are in need of: *peanut butter, juice, pasta, rice, cake or brownie mixes, frosting and dish soap*. We are always in need of **personal hygiene** items as these are things that our clients cannot purchase with food stamps.

If you wish to know more about the Food Pantry please feel free to call and ask questions or I would be happy to come and speak to your church group. We also have brochures that we can send out that gives information about the Pantry.

In October I will be sending out information regarding the up coming Christmas baskets and asking churches to consider purchasing hams for the baskets.

God bless you and thank you for your continued support.

*Sister Lynn Wagner, Manager*

## Treasurer's Report

According to the DACU Bylaws, *"Dubuque Area Congregations United will be supported financially by the voluntary contributions of its member congregations and institutions, keeping in mind the purposes and needs of the organization."*

Please help us to support our DACU projects! Checks should be made payable to "Dubuque Area Congregations United" and sent to:

DACU Treasurer,  
P.O. Box 811, Dubuque IA 52004

## DACU Board Report

**President-Elect Nominations:** The DACU Committee on Nominations is encouraging member congregations or institutions to submit names for consideration as candidates to take the office of President-Elect in January 2011. Nominations should be emailed to Bob Kraye – [bdkramer@aol.com](mailto:bdkramer@aol.com) or telephone to 582-5117.

## DACU Projects

### People In Need (P.I.N.)

As of this month, People In Need has received more donations than in any previous year....and we have made more payments than in any previous year. Thank you for your generosity! The need remains great.

We don't give money to people; we assist people in the paying of their rent, electric, gas and water bills. The process starts with a referral from a DACU member congregation or associate member. We take it from there.

Do you know of anyone who has fallen through the cracks? If so, please contact your congregational leader and ask that they give us a call with a referral. Our telephone number, it is a new one, is: **581-7995**. Once again, we work through referrals, not directly with people requesting the funds. Once again, thank you for your help and concern.

Alan Garfield, Chair of PIN



**Remember:**  
**P.I.N. Phone Number:**  
**581-7995**  
**Donations to P.I.N. can be mailed to**  
**Treasurer Tom Stovall at**  
**3345 Tibey Court**  
**Dubuque, IA 52002-2849**

## **DACU Community**

### **CROP Walk**

#### **2010 Theme: "Enough for All"**

The 2010 Crop Walk (Communities Responding to Overcome Poverty) will be Sunday, October 3rd at 1:00 p.m. The host church this year is Holy Trinity Lutheran Church (1755 Delhi). Please also bring jars of peanut butter for the Food Pantry.

Unitarian Universalist minister, Rev. Mark Morrison-Reed says so beautifully what the DACU community is about: *"The religious community is essential, for alone our vision is too narrow to see all that must be seen.*

*Together, our vision widens and strength is renewed."*

Come and be part of this yearly event. Maryann LoGuidice, Coordinator, maryannu@fastmail.fm,

**608-348-2305**

### **Operation New View**

#### **Volunteers Needed!**

Do you enjoy helping others or learning a new skill? Operation: New View Community Action Agency in collaboration with the Earned Income Tax Credit (EITC) Outreach Task Force is recruiting volunteers for the 2011 Volunteer Income Tax Assistance (VITA) Program. The VITA Program will provide free income tax preparation to low to moderate-income families in Dubuque, Delaware, and Jackson counties.

The VITA Program helps eliminate the burden of paying for tax preparation fees at an average of \$150 and paying for Rapid Refund Loans at an average of \$150. It also makes sure individuals are aware of eligible credits such as EITC and the Child Tax Credit. The IRS estimates that 25% of individuals that qualify for EITC do not claim the tax credit. VITA wants to help put more money back into taxpayers' pockets and the community.

No accounting background is required. Free training will be offered for interested volunteers. The Internal Revenue Service (IRS) provides the software that guides volunteers through the training. All volunteers are protected by the Volunteer Protection Act, therefore no liability for the volunteers! Currently the following volunteer positions are needed for the 2011 tax season: Greeters, Tax Preparers, and Quality Reviewers.

We request volunteers donate at least 10 tax preparation hours during the 2011 tax season besides the training. Interested volunteers may contact Becky by telephone at 563.556.5130 extension 14 or by E-mail at [bjenkins@operationnewview.org](mailto:bjenkins@operationnewview.org).



Saturday, October 23, volunteer weatherization teams will spread out across the Dubuque community in a one-day blitz to perform energy saving measures on the homes of their elderly or disabled neighbors. Teams will provide simple weatherization measures such as caulking, weather-stripping, window plastic, door sweeps, and other insulating techniques. All materials are provided. The service is FREE for homeowners.

**Dubuque Area Congregations United (DACU) is one of the official sponsors of this event and is encouraging all congregations to participate.** There is no cost to participate. The tasks are easy but they will make a positive difference for the homeowner in comfort and reduced energy bills. You don't need to be skilled, just have a willingness to help others. Training is provided for those who are interested. Here is how you can participate:

- Recruit a six-member team from your church or organization. Register online at [www.thonline.com/weatherization](http://www.thonline.com/weatherization). Please register by August 1 if possible so we will know how many households we can serve.
- Help identify and refer households. They should be homeowners who are either elderly, handicapped, disabled or otherwise unable to do these things for themselves.
- Volunteer to help with set up and clean upon the day of the event.
- For more details contact Laura Roussell at Black Hills Energy at 585-4022 or by email at [laura.roussell@blackhillscorp.com](mailto:laura.roussell@blackhillscorp.com) You can also visit the website [www.thonline.com/weatherization](http://www.thonline.com/weatherization)

### **Shalom Retreat Center**

***A sacred space, calling people to God and to fullness of life.***

1001 Davis St., Dubuque, IA 52001.

E-mail: [info@shalomretreats.org](mailto:info@shalomretreats.org)

Web: [www.shalomretreats.org](http://www.shalomretreats.org)

#### **Wisdom from Maxine: An Evening for Red Hatters & Friends Monday, Sept. 27, 6:30 – 8:30pm**

Come, enjoy a great meal with all the trimmings, then sit back and relax as presenter Michelle Covey relates maxims on life and aging based on the cartoon "Maxine." Offering: \$22. Register by noon, Sept. 23.

#### **Shalom Fall Breakfast: "Try To Remember a Time..." Tuesday, Sept. 28, 7:00 – 8:00am, Mass at 8:15am**

**Presenters: Donalda Kehoe OSF, Bertha Kruse OSF**  
Offering: \$8. Register by Sept. 24.

**Writing Life Stories (series of 4) Mondays, Oct. 4 & 18, Nov. 1 & 15, 2:00 – 4:00pm Facilitator/instructor: Eileen Miller OSF** Designed to remember and record life stories 1) for the fun of it, 2) for the enjoyment of posterity and 3) to recall what has shaped one's life thus far, this series offers directions and tips for writing life stories. This writing is different from journaling and does not constitute an entire autobiography, although the stories are autobiographical in nature. It is doable by anyone, with or without writing experience. Offering: \$35/series. Register by Oct. 1.

**Taize Prayer: Let There Be Peace on Earth Thursday, Oct. 7, 7:30 – 8:30pm**  
*Registration not required.*

**Book Discussion: *The Glass Castle* by Jeanette Walls Tuesday, Oct. 12, 7:00 – 8:30pm**  
**Facilitator: Eileen Miller OSF**  
In this memoir of her childhood spent living in poverty with very dysfunctional yet vibrant parents, MSNBC contributor Jeanette Walls recounts the story of how she and her siblings protected and took care of one another through their difficult childhood years. Offering: \$6. Register by Oct. 11.

**Grieving the Loss of a Loved One Thursday, Oct. 14, 7:00 – 9:00pm**  
Presenter Molly Downs has written a book entitled *Letters to Siena: How I Found Myself After Losing My Baby*. The title of the book gives a glimpse of what she will share. Intended for all who have experienced loss through death, the evening will be especially helpful for those who have experienced losses similar to Molly's. Included will be opportunities for participants to share if they wish to do so, and a memorial prayer service. *No charge. Call to register by noon, Oct. 14. Registration requested.*

**Halloween Family Evening Monday, Oct. 18, 6:30 – 8:00pm**  
**Presenters: Deacon Steve & Kathy MacDonald**  
A Halloween party – with a twist. Halloween is an All Holy Evening – All Saints Day Eve. A brief history of Halloween will be given, the relationship with All Saints Day will be touched upon and a short prayer will be shared. Includes a small party with games, treats and drinks. All are encouraged to wear nonviolent costumes and bring a bag of candy to share. Children must be accompanied by an adult. Offering: \$6/person (children under 5 free). Register by Oct. 15.

**Centering Prayer Monday, Oct. 18, 7:00 – 8:00pm Facilitator: Marilyn Dansart**  
*Registration not required.*

**Top Ten Wellness Habits for Health Care Professionals Tuesday, Oct. 19, 6:30 – 8:30pm**  
**Presenter: Julia Theisen, Body & Soul Wellness Center**  
This fun presentation will provide participants with ten of the most profound lifestyle habits that will significantly improve the lives of the health care professionals and those for whom they care – INSTANTLY. Offering: \$15, includes social & program. Register by Oct. 15. CEUs/CEHs available.

**Yoga and Centering Prayer: A Mini-Retreat Wednesday, Oct. 20, 9:00am – 12:30pm**  
**Presenters: Marilyn Dansart & Deb May**  
Join us for an inspirational morning to be present to the moment and open yourself to peace. Those both with and without experience in yoga and/or centering prayer are

welcome! Yoga mats provided.  
*Offering: \$30, includes lunch. Register by Oct. 18.*

**7th Annual SHALOM SHENANIGANS Friday, Oct. 22, 5:30 - 9:00pm**  
A special fundraising benefit featuring: Social \* Fine Dining \* Entertainment (*Geri & Cathy Goodman will present a musical program titled A Sentimental Journey recalling the history of the Shalom building*) \* Live & Silent Auctions \* Raffle (32" LCD TV, KwikStar package-\$260 value, Panera Bread Bakery Café Catered Lunch for 10 plus many additional prizes – raffle tickets can be purchased at Shalom. Event Tickets: \$40. Register by Oct. 18.

**To register, call Shalom at 563/582-3592 or send check payable to Shalom Retreat Center with your contact information to: 1001 Davis St., Dubuque, IA 52001.**

## Sinsinawa Mound

**The public is invited to join the Sinsinawa Mound community in prayer for peace in our world and in our hearts at 12:30 p.m. Tuesday, Sept. 21.** \*Peace = Future\* is being held in conjunction with the International Day of Prayer for Peace, established by a United Nations resolution in 1981.

Dominican congregations around the world are participating by joining together in prayer for peace. May peace prevail on Earth! For more information contact Sister Mary Ellen Winston, OP, at (608) 748-4411, ext. 843.

Sinsinawa Mound, the Motherhouse for the Sinsinawa Dominican Sisters, is located in southwest Wisconsin on County Road Z, off Highway 11, about five miles northeast of Dubuque.

The Sinsinawa Dominicans invite you to learn more about our worldwide Dominican family, the Order of Preachers. For over 800 years, Dominicans have continued to preach the Gospel in word and deed. Today, thousands of sisters, nuns, priests, brothers, associates, and laity minister in more than 100 countries around the world. Visit our Web site at [www.sinsinawa.org](http://www.sinsinawa.org).

**The Sinsinawa Mound Youth Choir invites tri-state students, grades 4-8, to join the choir under the direction of Rochelle Rochelle.** Rehearsals are 6:30-8 p.m. every Monday. Practice begins Monday, Sept. 13.

Scott Charland of Dubuque, whose oldest child has participated in the choir for five years, has this to say about the benefits of participation in the youth choir: "*The Sinsinawa Mound Youth Choir is a great experience in developing children's voices, poise, and teamwork. I have seen it firsthand in my own and wish for more children to experience it also.*"

To learn more about the choir, contact Sister Marie Juan Maney, OP, at (608) 748-4411, ext. 807.

**The adult choirs at Sinsinawa Mound have begun practice for the fall and invite interested singers to join them.**

The Sinsinawa Mound Civic Chorus practices Tuesdays at 7 p.m. They sing for performances such as the annual Messiah Concert.

The Sinsinawa Singing Seniors gather on Wednesdays at 2 p.m. People ages 65-100 are invited to keep healthy through song, light dance movements, and proper breathing techniques. This choir enjoys performances around the tri-state area while having a lot of fun and developing friendships.

Contact Sister Marie Juan Maney, OP, for information at (608) 748-4411, ext. 807.



### **Don't Forget.....The CROP**

**Walk is Sunday October 3.** A report released last week by the US Census Bureau showed that one in seven Americans is living below the poverty line in 2010. Your participation in the CROP Walk will bring needed funds to our own community as well as supporting food programs all over the world. Register through your own congregation and join CROP Chair Mary Ann Lo Guidice and members of DACU at Trinity Lutheran Church on Sunday October 3 at 1:00 PM!

**See this blank space????? It could be filled with interesting events that your congregation or organization is sponsoring. Please help us share information about upcoming community events with our DACU members and congregations. Just email the Newsletter Editor at [phyllisgarfield@hotmail.com](mailto:phyllisgarfield@hotmail.com)**

**And remember that all DACU Newsletters are also on our Website at [www.DACUonline.org](http://www.DACUonline.org).**



DACU  
PO Box 811  
Dubuque IA 52004-0811



Remember...you can view all DACU Newsletters on our Website at [www.DACUonline.org](http://www.DACUonline.org)

## DACU Board and Project Contacts

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